



Health care services to the society





a-Title:

Health Care Services to the society

b-Objective:

Kanpur and its surrounding areas are home to people who come from diverse socio-economic backgrounds with a skew towards the lower wealth quintiles and are typically caught up in meeting the very basic challenges of food, clothing, and shelter. In such a scenario, health is oftentimes a casualty which is exacerbated due to poor nutrition and sanitation levels. Hence, there is a need to provide the finest healthcare services to the downtrodden and weaker sections of society. In this regard, it is CSJMU's mission to provide better access to health services, reduce healthcare costs, hold regular health camps, and improve medical care and resources in rural and remote areas. This practice also ensures access to better medical care and resources for the campus community.

c-The context:

Ever since the Health Centre was established at the University, it consistently provides the best medical, diagnostic, nutritional, and rehabilitation facilities to citizens of Kanpur and adjoining areas. In response to outreach activity feedback from students and teachers, the university realized that slums and rural areas urgently need affordable health services. An immediate report was prepared to address that need by the teachers. In addition, the report recommended nutritional supplementation for TB patients, mainly children.

Having been inspired by 'Mann Ki Baat', the prime minister's vision for eliminating TB much before 2030 and commitment to working for the betterment and development of the country through helping the underprivileged, the university, under the guidance and motivation of the Honorable Chancellor madam, decided to extend its resources for helping the deprived communities by providing access to affordable health care and nutrition. The university is providing medical consultancy, pathological diagnostic facilities, rehabilitation services, nutritional counseling, and consultancy to the weaker section of the society and rural population. The University is also providing nutritional support to adopted TB patients.



Moreover, to carry forward the Chancellor Madam's mission, the Vice Chancellor started an '*Arogyam clinic*' on 02 Oct 2022 that offers consultations by eminent allopathic, ayurvedic and homeopathic doctors.

By joining hands with alumni and renowned hospitals, the university expanded outreach activities, including free screening activities for eye diseases (project 'Prakash') with the help of R.K. Devi Eye Research Institute, free anemia screening with the help of Paliwal Diagnostics Pvt. Ltd. and free cancer screening by J.K. Cancer Institute in 75 villages/slums. Medical checkup camps, awareness activities, adoptions, and nutritional supplementation of TB-suffering children are being organized with the help of paramedical and NSS volunteers in villages and slums. Additionally, female students are being screened for anemia on the University campus.

d- The Practice:

Health care programmes provide free routine and specialized screenings for cancer, eyes, anemia, and other routine health problems. Early intervention and prevention of serious illnesses are enabled by these screenings. Additionally, these programmes provide free health education sessions. To provide medical care to the community at a very low cost, the university has developed a state-of-the-art health system. Facilities include:

1. A well-equipped 10-bedded health centre. Services of this centre is available to all.
2. More than 120 Pathological investigations facility at very low cost under the supervision of a Pathologist is available at the pathology, automation, and microbiology lab of the School of Health Sciences.
3. Minor OT, 24x7 ambulance service, ECG and Multipara monitor services are available at the health centre.
4. School of Health Sciences also offers Physiotherapy at an extremely affordable price with its well-equipped outpatient department. A wide range of options is available, including manual therapy, electrotherapy, hydrotherapy, and exercise therapy.
5. Free nutritional consultations and diet charts are provided at the School of Health Sciences for patients suffering from various diseases and nutritional disorders.

These medical services allow patients to get round the clock care they need at practically no cost. This not only saves money but also provides access to quality healthcare to those who otherwise would have been bereft of it for want of money. Furthermore, the physiotherapy outpatient department provides specialized care for patients in need, so they receive the best possible management.



Health Centre:

Health Centre provides medical health services by well-trained, qualified medical doctors to the society. Till March 2025, 8250 patients were treated.

Physicians:

Monday & Tuesday	Dr. Praveen Katiyar	Time- 10 AM to 01 PM
Wednesday & Thursday	Dr. Versha Prasad	Time- 10 AM to 01 PM
Friday & Saturday	Dr. Munish Rastogi	Time- 10 AM to 01 PM

Aarogyam Polyclinic:

In addition to in-house doctors, renowned specialists of Kanpur City provide their services to the patients at Aarogyam Polyclinic free of cost. Till March 2025, 1613 patients were treated.

OPD Schedule

Day	Specialty	Doctors Name	Time
Monday	Ayurvedacharya	Dr. Vandana Pathak Dr. Nirankar Goyal	10:00 AM to 11:00 AM
	Dental Surgery	Dr. Ashish Katiyar	3:00 PM to 4:00 PM
Tuesday	Medicine	Dr. Rahul Tebriwal	3:00 PM to 4:00 PM
	Dental Surgery	Dr. Abhinav Kushwaha	10:00 AM to 11:00 AM
Wednesday	Orthopedics	Dr. A.S. Prasad	4:00 PM to 5:00 PM (Second Wednesday)
	Obs. & Gynecology	Dr. Sangeeta Saraswat	10:00 AM to 11:00 AM
	Ear, Nose and Throat (ENT)	Dr. Pankaj Gulati	10:00 AM to 11:00 AM
Thursday	Orthopedics	Dr. Deepak Srivastava	3:00 PM to 4:00 PM
	Ophthalmologist	Dr. Gaurav Dubey	9:00 AM to 11:00 AM (First & Third Thursday)
	Surgery	Dr. Kaustubh Gupta	3:00 PM to 4:00 PM
Friday	Pediatrics	Dr. Shiny Sethi	12:00 PM to 1:00 PM
	Psychological counselor	Dr. Priyanka Shukla	11:00 AM to 12:00 PM
Saturday	Orthopedics	Dr. Rahul Kapoor	12:00 PM to 1:00 PM
	Homeopathy	Dr. Dinkar Pandya	1:00 PM to 2:30 PM
	Yoga	Dr. Ram Kishore	10:00 AM to 1:00 PM

Physiotherapy OPD:

1. Consultation by Physiotherapy teachers of the School of Health Sciences
2. Physiotherapy management by physiotherapists and physiotherapy students.
3. Till March 2025, 35412 patients were treated.



Days	Name of Physiotherapist	Time
Monday	Dr. Adarsh Kumar Srivastav	10:00 AM to 01:00 PM
Tuesday	Dr. Neha Shukla (PT)	10:00 AM to 01:00 PM
Wednesday	Dr. Aakanksha Bajpai (PT)	10:00 AM to 01:00 PM
Thursday	Dr. Hina Vaish (PT)	10:00 AM to 01:00 PM
Friday	Dr. Chandrashekhar Kumar (PT)	10:00 AM to 01:00 PM
Saturday	Dr. Digvijay Sharma/ Dr. Umesh Kumar Maurya	10:00 AM to 01:00 PM

Pathology Lab:

The pathology lab was established in the year 2011 and it covered approximately one hundred and nineteen different diagnostic tests. The lab was made well equipped with installation of various modern machines. The lab was set with the purpose of serving the economically unprivileged sector of the society which was deprived of medical health facilities due to its financial status. The motive is to provide its services to the weaker sections of the society, so at very nominal rates the diagnostic test services are provided. Most of the patients coming to this lab are the residents of nearby villages and socially unprivileged sector of the society and they depend on their daily wages for their survival. Till March 2025, 7774 samples were collected.

Digital X-Ray OPD

Digital X-Ray Machine was installed on 20th Aug 2024. The Rates has been subsidised at Rs. 100 per exposure. First 20 patient received there X-rays free of Cost and Since then numerous patients have been benefitted. 464 patients and 939 exposures have been done till March 2025.

Nutritional Consultancy:

Free nutritional consultations and advice on diet are provided for patients suffering from various diseases by teachers and students of the B.Sc. and M.Sc. Human Nutrition academic programmes of the Institute. Students educated and trained in the Institute provide their Health care services to the off-campus community as well.

- Since 2020, TB patient adoption program has been an enormous success by providing nutritional materials to patients and helping them overcome their diseases.

As a result of our community outreach program, thousands of poor people now have access to all healthcare services.



Free Eye screening, Anemia screening and Cancerscreening at Udetpur village



Free Eye screening, Anemia screening and Cancer screening at Primary school, Fattepur, Gram panchayat, Sunauda



Free Eye screening, Anemia screening and Cancerscreening at Panchayat bhawan, Gabraha



Free Eye screening, Anemia screening and Cancerscreening at Ishwariganj village



Free Eye screening camp at Prempur, Kannauj



Free Eye screening, Anemia screening and Cancer screening at Pukhrayan



Free Eye screening and Anemia screening at Lav Kush ashram, Bithoor



Health Centre of the University



Patients registering themselves at the Health Centre



Consultation by Gynecologist at Arogyam Polyclinic



Physiotherapy services to the patients



Pathology & Automation lab



Blood sample collection at the Health Centre



Digital X-Ray Facility at Health Centre



Nutritional consultancy



ECG facility at the Health Centre



24 Hour ambulance service at Health Centre



Initiation of anemia screening campaign in female students



SWARNPRASHAN programme for developing a good immunity in Children



Cervical Cancer Vaccination



105 Units Blood donated in Blood Donation Camp



महामहिम राज्यपाल महोदया की प्रेरणा एवं छत्रपति शाहू जी महाराज विश्वविद्यालय, कानपुर के माननीय कुलपति महोदय के संरक्षण में गोद लिये हुए क्षय रोगियों को माननीय कुलपति जी एवं विभिन्न विभाग के सम्मानित शिक्षकों द्वारा पुष्टाहार वितरण



Distribution of nutritional supplements to adopted TB patients